

PRACTICE BASED SUPPORT SESSION (PBSS) PREPERATION AND LEARNING RECORD

Name :

This form is designed to :

1. Help you prepare for the PBSS
2. Identify and carry out any next steps
3. Reflect on and record your learning.

You could also use it as an example of reflective practice for your CPD portfolio, appraisal and HCPC re-registration. It may help you meet your trusts clinical supervision requirements.

Please bear in mind that there will probably not be time to discuss everyone's clinical case(s) every time.

1. Patient clinical case preparation form

1.1. What is the question/issue I want an answer to/help with?

1.2. What are the relevant issues? What is the minimum amount of information that I need to provide about this patient?

1.3. What have I already tried, how well did this work and why?

1.4. What would be a good outcome with regards to this patient from this PBSS?

PBSS date that this case was discussed:

2. **At the end of the session:**

2.1. Based on any feedback and my own reflections, what did I do well?

2.2. With hindsight, what could I have said or done differently with this patient?

2.3. What am I going to go away and do now with this patient (assuming I am still treating them)?

2.4. What is the more general learning that I can take from discussing this case? (e.g., consider doing in future similar cases; make links with; find out more about ...)?

3. **Before the next PBSS:**

3.1. What did I do, how did it go and what did I learn from this?
