Keele University

Stratified Care Audit Tool

1. This audit tool has been designed to be used by physical therapy services for the purpose of auditing the extent to which low back pain is being managed according to the Keele stratified care model (STarTBack) 1–2 (http://www.keele.ac.uk/sbst/).

2. It was developed by the Implementation Team, Research Institute for Primary Care and Health Sciences, Keele University (2015). It is free to use, however, services are encouraged to share the results of their audits with the Keele implementation team. (http://www.keele.ac.uk/sbst/). Please attach a copy of the outcome measure(s) and patient satisfaction questionnaire that you have

Please complete this for all patients with low back pain who are referred for physiotherapy and assessed between …………………….…… and discharged before……………………..

Q1. Service/ clinic location patient seen in/at:

Q2. Type of location:

Primary care

Interface

Secondary Care

Other

Q3. How long did the patient wait from receipt of referral to first appointment: (days, weeks, months, as appropriate, please specify).

Q4. Name of referrer:

Q5. Type of referrer: (e.g. GP, ESP, secondary care medic)

Q6a. Did the referrer use the STarTBack tool:

Yes   No

Q6b. If yes, which subgroup did the tool allocate them to:

Low

Medium

High

Q7a. Did the physiotherapist use the STarTBack tool:

Yes   No

Q7b. If no, why not?

Q7c If yes, which subgroup did the tool allocate them to:

Low

Medium

High

Q8a. Did the treatment approach match the scoring as per the STaRT Back study:

Low: 1-2 appointments only

Yes ☐　　No ☐

Low; given patient information leaflet

Yes ☐　　No ☐

Medium: course of physiotherapy

Yes ☐　　No ☐

High: Psychologically Informed Physiotherapy, delivered by suitably skilled person

Yes ☐　　No ☐

Q8b. If not, why not:

☐

Q9. How many contacts did the patient receive in this episode of care:

1 ☐　　2 ☐　　3 ☐

4 ☐　　5 ☐　　6 ☐

7 ☐　　8 ☐　　9 ☐

10 or more than 10 ☐

If more than 10 how many ☐

And why ☐

Q10a. Which primary outcome measure was used (e.g. STaRTBack tool; MSK PROM)

☐

Q10b. Please give primary outcome measure score:

Initial ☐　　Discharge ☐

Q11a. Which secondary outcome measure was used:

☐

Q11b. Please give secondary outcome measure score:

Initial ☐　　Discharge ☐

Q12a. Which patient satisfaction / experience measure was used:

☐

Q12b. Please give patient satisfaction/experience measure score:

☐

Q13. If the patient was referred by the physiotherapist, where were they referred to:

Musculoskeletal ESP service ☐

Pain service ☐

Other …………………………………………………

Please return to ………………………

………………………………………………

………………………………………………

………………………………………………

before …………..…………………….

Many thanks

1.　Hill JC, Dunn KM, Lewis M, Mullis R, Main CJ, Foster NE, Hay EM. 2008. A primary care back pain screening tool: identifying patient subgroups for initial treatment. Arthritis Rheum, vol. 59(5), 632-641
2.　Hill JC, Thomas E, Hill S, Foster NE, van der Windt DA (2015) Development and Validation of the Keele Musculoskeletal Patient Reported Outcome Measure (MSK-PROM). PLoS ONE 10(4): e0124557. doi:10.1371/journal.pone.0124557